



COLLEGE OF EDUCATION & HUMAN DEVELOPMENT
LAMAR UNIVERSITY
Department of Nutrition, Hospitality & Human Services

STUDENT HANDBOOK

CONTACT INFORMATION:

Dr. Amy Shows, PhD, RDN
Professor, Nutrition & Dietetics
DPD Program Director
Lamar University
Department of Nutrition, Hospitality & Human Services -

7962

Email: arshows@lamar.edu



The Lamar University Didactic Program is a
Accredited Program by the Accreditation Council for Education in Nutrition and Dietetics (ACEND)
Academy of Nutrition and Dietetics
120 South Riverside Plaza, Suite 2190
Chicago, IL 60606-6995
ACEND@eatright.org
Phone: (312) 899-0040 ext. 5400
Website: <http://www.eatrightPRO.org/ACEND>



}vš]š({œu Ÿ}v (}œ E]• %œ}À] o}ÁX
 œ]š Ÿ}v }µv]o (}œ µ Ÿ}v]v Eµšœ]Ÿ}v v] š Ÿ }(
 Eµšœ]Ÿ}v v] š Ÿ •
 íîî ^}µšZ Z]À œ•] Wo ì U ^µ]š íîî
 Z] P}U />òœîœñò
 WZ}v W-ô-ã-õ-î-õ-ìU ÆšX ñõì
 E › šœ]PZšX}œP
 t •]š [W@%o WllÁÁÁX šœ\]PZšWZKX}œPI E](#)

Pathways to enter the dietetic profession as a Registered Dietitian Nutritionist (RDN)

µœœ vš %o šZÁ Ç• š} vš œ šZ] š Ÿœ Ç%œœ} (••v}µv •œvP œ Eµ š
 and post- o µœ š •š šµ•X • œ] %œ Ÿ}v • } (%œ }P œ u %o šZÁ Ç• š
 %œ } (••] }v œ • (Á 0

- Complete Supervised Practice: $W \wedge \mu \cdot (\mu o o \zeta } u \% o \check{s} u] v] u \mu u) (i \ddot{u} i i i)$
 $\cdot \mu \% \text{ CE } \check{A}] \cdot \% \text{ CE } \check{Y} (\text{CE} \text{CE} u] \check{s} \% \text{CE} \text{ } P \text{CE } u \sim \text{AE} W > u \text{ CE } h v] \check{A}$
 $] \check{s} \check{Y} v \check{s} \text{CE} v \cdot Z] \% \sim / \cdot X$
- Pass a national exam for RDNs: $h \% } v \text{ CE } v] v P \quad Z o \text{ } \text{CE} [\cdot v u \cdot \check{s} \text{CE} [$
 $] u \% o \check{Y} v P \cdot \mu \% \text{ CE } \check{A}] \cdot \% \text{ CE } \check{Y} \quad v] v] \check{A}] \mu o] \cdot o] P] o \check{s} } \check{s}$
 $] \check{s} \check{Y} Z P] \cdot \check{s} \text{CE} Z \check{Y} v u] v \check{Y} \text{ } \text{CE}] \check{Y} \check{Y} v \cdot X$
- Meet State Requirements to Practice: $W \text{CE} \text{ } (\cdot \cdot] v v o \cdot \mu \text{CE} \text{ CE } \langle \mu] \text{CE } u v \check{s} \cdot \check{A} \text{CE} \zeta$
 $\cdot \check{s} \check{s} \check{A}] \check{s} Z \cdot \text{ } u \cdot \check{s} \check{s} \cdot \text{CE} \quad \underline{z @ \text{CE} ; W P I \check{A} \check{A} \check{A} v \cdot \mu \text{CE} v \check{s} X } \text{CE} P I >] v \cdot \mu \text{CE}$
 $d Z > u \text{ CE } h v] \check{A} \text{CE} \cdot] \check{s} \zeta o \text{ } W \check{s} \% \text{CE} \text{ } P \text{CE } u X] \cdot$
- Continue to Learn: $W L \text{CE} \text{ CE } v] v P \check{s} Z \wedge Z E _ \text{CE} \quad v \check{Y} o \cdot U \check{s} Z Z E u$
 $] v \check{Y} v \mu] v P W \text{CE} \text{ } (\cdot \cdot] v o \quad \mu \check{Y} } v h v] \check{s} \cdot \sim W h \cdot \cdot \check{A} \text{CE} \zeta \cdot \check{A} \zeta$
 $\text{CE } P] \cdot \check{s} \text{CE } \check{Y} } v \cdot \check{s} \check{s} \mu \cdot X$

$\text{CE}] \check{s} \check{Y} } v \text{ } \mu v] o (\text{ } \text{CE} \quad \mu \check{Y} } v] v E \mu \check{s} \text{CE}] \check{Y} } v v$
 $\check{s} Z \quad u \zeta \text{ } (E \mu \check{s} \text{CE}] \check{Y} } v v \quad] \check{s} \check{Y} \cdot U \check{i} \check{i} \wedge \text{ } \mu \check{s} Z$
 $Z] \check{A} \text{CE} \cdot] \quad W o \check{i} U \wedge \mu] \check{s} \check{i} \check{o} \check{i} U \quad Z 05 \cdot 0 > P \check{A} \check{A}$

BS in Nutrition Degree Plan

E hdZ/d/KE l / d d/ ^ ~îí ,Z^•

NU

E hdZ ñîîð ~dZ v ŒPÇ E μšŒ] vš••

EhdZ ñîîí ~ À v DEd /•

EhdZ ñîîï ~ À v DEd //•

EhdZ ñîîó ~&}} WŒ]v]%o • ~ WŒ %ŸŒ

EhdZ ñîîõ ~D vμ ~ WŒ} μ Ÿ}v D v P u vš•

,K^W ñîîì ~KŒP v]î Ÿ}v o D v P u vš (}Œ ^ ŒÀ] ••

Academic Advising

EXPECTATIONS OF STUDENTS

dZ EμšOE]š}Ÿ- • P OE }v všOE Ÿ}v OE •μoš•]v Z o}OE }(^]
v]•]u š šZ}• •šμ vš• ÁZ} Á v š š} }u Z P]•š OE ŸŸ
Kv š} šÁ} •š OE• (}OE }u%o ŸvP šZ %oOE}P OE uU šZ W %oOE}F
šZ •šμ vš š}]• μ•• šZ •š %• (}OE %o%o oÇ]vP š} •μ%o OE À]
hv]À OE•]šÇ[•] š Ÿ /vš OE v•Z]%o ~ /• W OE}P OE u•X

}μœ•• v šZ W }μœ••X /š]• œμ] o š} Z Àstov Æ oo
•Z}Á šZ •šμ vš Z • u •š œ šZ lv}Áo P v •l]oo• š} • u
•μ% œÀ]• %œ Ÿ o À oX Z % ŸvP }μœ••](šZ Pœ
š œu]v Ÿ}v v]• v }μœ P %œ]]œ š} Pœ μ Ÿ}wX ÐoI Á
Ç}μœ W }μœ•• ~EhdZU ,K^WU , DU /K>U }μœ••X
ôXt}œI Æ% œ] v ls}oμvš œ ŸÀ]Ÿ oI>}(œšZŸ%Wœ <μ]œ • š:
]v]Á] μ o % v o v u}ŸÀ š X t}œI Æ% œ] v
<μ o]Ÿ •X t}œI]ŸPP v}μœ•• v o•} u}v•šœ š šZ •šμ š-
v Ÿu u v P u vš •l]oo•X t}œI Æ% œ] v]v vμšœ]Ÿ}vI] š
Æšœ u oÇ À oμ o X /(•šμ vš }• v}š Z À u%o}Çu š
Æ% œ] v]• •• vŸ oX

Th œ]• Á] of Æ]oμPvš œ }%o%}œšμv]ŸÀ• œ]Z œ%v œ]œ}À]]
šZ . o X]dZoμ Z}•%}š œU oœP(À ða*À À œàa*À o Aà œ

Plagiarism: K+ Œ]vP šZ Á}ŒI }(v}šZ Œ • }v [• }Áv Á]šZ}μš %Œ
%Œ o P] Œ]•(ŒŒ šZ ŒÇ •šμ vš ÁZ} (]o• š} P]À Œ]š (}Œ (μ
] vŸ o Æ%Œ ••]}v }(u š Œ] o š | v (Œ}u }}I•U i}μŒv o•U
v }šZ Œ Œ (Œ v Á}ŒI•U }Œ šZ šZ u •U }Œ }šZ Œ ÁŒ]Ÿv

o "UK Xĭ ð ÀŒ

• š õ,%(% "W ñ b%pĩ 0b a]p +P / ð(

<Z E îXó • OE] }vš }Zµ ŸvPZ (]vš} }Ÿ }v vµšOE]Ÿ}v
]v oµ]vP •šOEµ šµOE o] •U •}] o]v <µ]Ÿ •U Z ošZ]•%o OE Ÿ •

<Z E îXô W OEŸ]%o š]v vµšOE]Ÿ}v v] š Ÿ • %oOE}
•]Pv]. vš OE}o }(šZ }OE P v]î Ÿ}vX

<Z E îXõ (v %o}•]Ÿ}v }v]••µ •]u%o ŸvP šZ vµš

Domain 3 Clinical and Client Services: Development and delivery of information, products and services to individuals, groups and populations

<Z E îXíš• EµšOE]Ÿ}v OE WOE} •• v o]v] o Á}OEIG
%o OE u š OE•U] Pv}• vµšOE]Ÿ}v OE o š %oOE} o u•U š OE u]v
]vš OEÀ vŸ}v• v À o}%o %o o vŸ }vu}•v]š} }Ÿ }v•X

ix tZ v •šµ vš (o•]•• Ÿ•. Á]šZ v •% š }(šZ W
(µošÇ u u ŒU šZ •šµ vš Á]oo À Œ o]ì]•• Ÿ•(Ÿ)
u u ŒX À ŒÇ +}Œš Á]oo u Ç šZ (µošÇ u u C
• ©o šZ u © Œ š šZ]•]v()}Œu o o À oX
X/(•Ÿoo]•• Ÿ•.šEZÁšZ < Àšµe<w B`Acu ÁEZA`ÀŒ@fSÁĐ ŒŒ

KšZ OE >h /u%}OEš vř Eµu OE•

hv OE P OE µ]•š]vP À vř OE V8822ð ìõ À]õ•P] o] • OE À] } o u OEX µ
À]•}OE• (}OE & OE •Zu v v ^}%Z}u}OE W ^šµ vř•

,}µ•]vPW ~ðìñîîôî-

D OE Ç v :}Zv 'OE Ç >]-OEíOE Ç W ~ðìõ• ôôî
-ôîî ñ

Z }OE •IZ P]•šOE OE W }-OE ìõõðõî-

••]]o]šÇ Z •}µOE -všðOE W ~ðìõ• ôôî

^šµ vř &]v v] o }ôWñî-ðìõ• ôôî

^šµ vř , ošZ vř -OE Vò-ðìõ• ôôî

^šµ vř dµš}OE]vP v Z š vÿ}v ^ OEó]í • ~^d Z•W ~ðìõ• ôôî
^]v^ íOE :v%>@ `Đµ ~ð õ•